

GLUTEN-FREE

CICCHETTI (small plates)

CRISPY CALAMARI	£5
Flash fried chilli crusted squid & lemon aioli	
LEMON HUMMUS V VV	£5
Extra virgin olive oil & gluten-free bread	
CHAR-GRILLED CHILLI CHICKEN	£4
Lemon & herb dressing	
FEGATO	£7
Chicken parfait wrapped in Parma ham, soft herb salad, red onion chutney, toasted gluten-free bread	
TRUFFLE MUSHROOMS V	£7
Pan-fried forest mushrooms, truffle butter, toasted gluten-free bread	
CHICKEN WINGS	£7
Grilled Harissa & honey chicken wings, spicy mayo	
PARMA HAM CAPRESE	£8
Parma ham, mozzarella & tomato salad, balsamic dressing	

INSALATA

Piccolo/Grande

FRESH MOZZARELLA V	£9/£11
Truffle & honey marinated young mozzarella, heritage tomatoes, gluten-free garlic croûtes	
FORMAGGIO DI CAPRA V	£5/£7
Parsley crumbed goat cheese, soft herb salad, honey dressing	
CAESAR SALAD	£5/£7
Caesar, baby gem, aged Parmesan, crispy gluten-free croûtes, garlic & anchovy mayo	

SIDES

Fries / Cajun fries / Chilli & Parmesan fries	£2.95
Truffle & Parmesan fries	£3.95
Rosemary potato wedges	£2.95
Rosemary & black pepper onion rings	£2.95
Buttered tenderstem broccoli, crispy onion & lemon butter	£3.50
Gluten-free garlic bread	£2.95
Invisible fries	£2.95

0% fat, 100% hospitality. All proceeds from invisible fries go to Hospitality Action, who are doing everything they can to help people in hospitality. Thanks for chipping in. For more information, visit hospitalityaction.org.uk

CLASSICI (classics)

BUBBLE FISH & CHIPS	£14
Fresh tartar sauce, minted pea purée & fries	
CHAR-GRILLED CHIPOTLE CHICKEN	£14
Marinated breast of chicken, hummus, herb dressing, green salad & chipotle mayo	
STEAK ET FRITES	£13
6oz sirloin steak, fries & peppercorn sauce	
GAMBAS PIL PIL	£13
Grilled marinated king prawns, garlic & sweet chilli butter, toasted gluten-free bread, fries	

FRITTO (tempura)

Light, crispy batter, garlic & soft herb salad
All mains served with fries

Choose lemon aioli or wasabi & sweet chilli dip

VEGETABLE V	£6/£12.50
CHICKEN	£7/£14.50
KING PRAWNS	£8/£15.50

GRIGLIA (grill)

From our authentic chargrill, our meats are full of flavour, succulent & mouth-wateringly tasty, served with slow roasted plum tomato, buttered chestnut mushrooms, caramelised onion & fries

HAND CUT 8oz RIBEYE	£24
7oz CENTRE CUT FILLET	£27

STEAK SAUCES	
Peppercorn / Chimichurri / Smoked garlic jus	£2.50

BURGERS

PRIME BEEF BURGER	£14
Dill pickle, crispy onion, home smoked tomato relish, gluten-free bun, fries	
GRILLED CHICKEN BURGER	£13
Baby gem lettuce, tomato, slaw, house sauce, tomato relish, gluten-free bun & fries	
BEYOND MEAT BURGER V VV	£14
Hummus, baby gem, plum tomatoes, crispy onions, gluten-free bun & fries	

GLUTEN-FREE PASTA

CHILLI KING PRAWN & CHORIZO ROSARIO	£7/£14
Roasted tomatoes, basil, olive oil, spiced sugo, gluten-free pasta	
TUSCAN MEATBALL GLUTEN-FREE PASTA	£6/£12
Pork & pepper meatballs, tomato ragù & aged Parmesan	
WILD MUSHROOM V	£6/£12
Gluten-free pasta, wilted spinach, truffle cream & shaved vegetarian Parmesan	
GLUTEN-FREE PASTA & FRESH BASIL V	£5/£9
Slow roasted tomato & salsa di pomodoro	
POLLO PICCANTE	£6/£13
Spiced pulled breast of chicken, Cajun & Parmesan cream, gluten-free pasta	

LIDO ♥'S MAC & CHEESE

Gluten-free pasta, mull cheddar glazed macaroni, creamy cheese sauce

CLASSIC MAC & CHEESE	£7
PEPPERONI MAC & CHEESE	£9
Pepperoni & tomato sugo	
THE GOAT	£9
Goat's cheese & onion	
WILD MUSHROOM & TRUFFLE	£9
CRISPY BACON	£9

Want more? For £2 treat yourself!
chicken / bacon / pepperoni / fries

FOOD ALLERGENS & INTOLERANCES:

Our products are made with ingredients that contain allergens. Please speak to our staff about your requirements before ordering.

V – Vegetarian Option VV – Vegan Option

