

GLUTEN-FREE

STARTERS

CRISPY CALAMARI	£6.00
Flash fried chilli crusted squid & lemon aioli	
LEMON HUMMUS Ⓥ ⓋⓋ	£5.00
Extra virgin olive oil & gluten-free bread	
CHAR-GRILLED CHILLI CHICKEN	£5.00
Lemon & herb dressing	
FEGATO	£7.50
Chicken parfait wrapped in Parma ham, soft herb salad, red onion chutney, toasted gluten-free bread	
TRUFFLE MUSHROOMS Ⓥ	£7.50
Pan-fried forest mushrooms, truffle butter, toasted gluten-free bread	
PARMA HAM CAPRESE	£8.50
Parma ham, mozzarella & tomato salad, balsamic dressing	
GAMBAS PIL PIL	£9.00
Grilled marinated king prawns, garlic & sweet chilli butter, toasted gluten-free bread	

FRITTO (tempura)

Light, crispy batter, garlic & soft herb salad

Choose lemon aioli & sweet chilli dip

VEGETABLE Ⓥ	£6.00/£12.50
CHICKEN	£7.00/£14.50
KING PRAWNS	£8.00/£15.50

FOOD ALLERGENS & INTOLERANCES:
Our products are made with ingredients that contain allergens. Please speak to our staff about your requirements before ordering.

Ⓥ - Vegetarian Option ⓋⓋ - Vegan Option

CLASSICI (classics)

BUBBLE FISH & CHIPS	£13.50
Fresh tartar sauce, minted pea purée & fries	
CHAR-GRILLED CHIPOTLE CHICKEN	£13.50
Marinated breast of chicken, hummus, herb dressing, green salad & chipotle mayo	
STEAK ET FRITES	£13.50
6oz sirloin steak, fries & peppercorn sauce	
LIDO CAESAR SALAD	£13.50
Baby gem, aged Parmesan, crispy croûtes, garlic & anchovy mayo <i>Choose from: Smoked salmon / Garlic & chilli chicken</i>	

GRIGLIA (grill)

From our authentic chargrill, our meats are full of flavour, succulent & mouth-wateringly tasty, served with slow roasted plum tomato, buttered chestnut mushrooms, caramelised onion & fries

HAND CUT 8oz RIBEYE	£25.00
7oz CENTRE CUT FILLET	£28.00
STEAK SAUCES	
Peppercorn / Smoked garlic jus	£2.50
BURGERS	
PRIME BEEF BURGER	£14.50
Dill pickle, home smoked tomato relish, gluten-free bun, fries	
GRILLED CHICKEN BURGER	£14.00
Baby gem lettuce, tomato, slaw, house sauce, tomato relish, gluten-free bun & fries	
BEYOND MEAT BURGER ⓋⓋ	£15.50
Hummus, baby gem, plum tomatoes, gluten-free bun & fries	

SIDES

Fries	£3.50
Cajun fries / Chilli & Parmesan fries	£3.75
Truffle & Parmesan fries	£3.75
Rosemary potato wedges	£3.25
Buttered tenderstem broccoli, lemon butter	£3.50
Gluten-free garlic bread	£3.25
Invisible fries	£3.00

0% fat, 100% hospitality. All proceeds from invisible fries go to Hospitality Action, who are doing everything they can to help people in hospitality

Thanks for chipping in.

For more information, visit hospitalityaction.org.uk

GLUTEN-FREE PASTA

CHILLI KING PRAWN & CHORIZO ROSARIO	£15.50
Roasted tomatoes, basil, olive oil, spiced sugo, gluten-free pasta	
TUSCAN GLUTEN-FREE PASTA	£13.50
Pork & peppers, tomato ragù & aged Parmesan	
WILD MUSHROOM Ⓥ	£12.00
Gluten-free pasta, wilted spinach, truffle cream & shaved vegetarian Parmesan	
GLUTEN-FREE PASTA & FRESH BASIL Ⓥ	£9.00
Slow roasted tomato & salsa di pomodoro	
POLLO PICCANTE	£13.50
Spiced pulled breast of chicken, Cajun & Parmesan cream, gluten-free pasta	

LIDO ♥'S MAC & CHEESE

Gluten-free pasta, mull cheddar glazed macaroni, creamy cheese sauce

CLASSIC MAC & CHEESE	£9.00
PEPPERONI MAC & CHEESE	£10.00
<i>Pepperoni & tomato sugo</i>	
THE GOAT	£10.00
<i>Goat's cheese & onion</i>	
WILD MUSHROOM & TRUFFLE	£12.00
CRISPY BACON	£10.00

